

At Primary Care Associates of Appleton, I have the opportunity to work with a stellar group of physicians who provide quality evidence-based medicine to all who call PCAA their medical home.



As a family medicine and sports medicine physician, my primary role is to promote healing, which can come in many forms. Patients' perspectives and stage in life may be very different from my own, yet I always have the opportunity to let them know that I care and to offer hope. I value the partnership with my patients in their health care journey and hope to empower them in their decisions to greater health.

Education

Medical Degree:

University of Minnesota Medical School - Minneapolis, MN

Residency:

La Crosse-Mayo Family Medicine Residency - La Crosse, WI

Fellowship:

Primary Care Sports Medicine Fellowship-Greenwood, SC

Certification:

American Board of Family Medicine

Certificate of Added Qualification in Sports Medicine

Professional Interests

Sports medicine, adolescent medicine, adoption medicine, and preventive medicine

Personal

I enjoy spending time with my husband and two boys creating an adventure, traveling, or playing sports.

Tara Frerks, MD, CAQ

Your Family's *Primary* Partner in Health



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